

CHIMAL CIRCUS ARTS CLASS & CAMP RULES

HAIR & CLOTHES:

Please wear comfortable work out clothing. No jeans or baggy clothes allowed.

Socks and running shoes are a requirement for every class except aerial.

It is recommended that girls wear a leotard under clothing and leggings or tights.

Hair must be pulled back in a ponytail or bun so hair does not get caught in the silks or block view during any tricks and drops.

No jewelry.

No toys.

Students may bring and apply sunscreen and insect repellent.

PHOTOGRAPHY/VIDEO/CELL PHONES:

For safety reasons, we do not allow students to be photographed or videoed during class. Please let us know if you would like photos or video of your child and we can arrange a time for this to take place. Cell phones and electronic devices are not allowed during class.

SAFETY:

For safety reasons, visitors, parents, siblings and friends are not allowed to view class from the tent area, participate or instruct anyone during class instruction, or get on any equipment. You are welcome to wait in the office, car, or drop off and return. If you have any questions, please get with us before or after all classes or email us so we can focus 100% of our attention on the students during class time.

PARKING LOT/OFFICE:

The parking lot area and office are unattended. CCA will not be responsible for friends and/or siblings of students unattended at CCA.

PAPERWORK:

All paperwork must be filled out before a student can participate. Any updates/changes to registration form should be made immediately to Chimal Circus Arts. Waivers must be filled out yearly.

CLASS/CAMP START TIME:

Students must arrive on time. If you are more than 15 minutes late you are required to properly stretch for a minimum of 15 minutes which will cut into your time on the aerial/circus apparatuses. Adequate stretching is a **MUST** before starting any class! If a student has just come from another class and thinks he/she is stretched, we still require student to re-stretch since student has been inactive during the car trip here. All instructors will start the class with a stretch and all students are required to stretch with the coach.

If you choose to arrive early, come in quietly and wait for class to begin. Please do not distract other students from another class or get on any equipment until your class time begins.

DURING CLASS/CAMP INSTRUCTION:

1. No shoes on mat.
2. No wet or muddy socks on mats or in tent area.
3. Mats need to be under all equipment before using them.
4. Students are not allowed to instruct each other on new tricks.
5. Students are not allowed to spot each other unless they have been formally trained by Alex Chimal and instructed by him to do so.
6. Students are only to follow the coaches instruction even if they have been trained by someone else. Many other instructors have been improperly trained either through the internet or by someone who has not had years of real, formal circus training. While it can be argued that everyone has a different technique or style, it does not mean that your child is safe. We teach tricks a certain way to ensure safety to your child's body now as well as in the future.
7. We do not allow students to "experiment" by themselves or with a partner on any trick they have either seen or been taught by anyone else. "Experimenting" can result in injury or death. A student should ask Chimal Circus Arts coaches about the trick and use safety belts under coaches supervision and instruction. Coaches can teach the trick correctly and spot for safety.

CLASS/CAMP END TIME:

Students will be notified 5 minutes before class time is to end, so that he/she can finish up any last minute tricks, routines, etc. Class will end 5 minutes before the hour if another class follows to allow for setup of the next class and for students to rest. Once class is over, all students must stop. No one is permitted on any equipment or allowed to try something one last time unless instructor has instructed the student to do so.

MAKE-UPS/MISSED CLASSES & CAMP DAYS:

Missed classes will not be refunded. If you miss a class, it is your responsibility to let us know you would like a make up class. This MUST be done as soon possible. The director will let you know when there is space available to make up your class. It is the student's responsibility to make it to class. If you are unable to make any of the offered days, then you forfeit your make-up opportunity. The make-up class will not necessarily be with your current class level.